

# Flying Stars Table Runner



Approx 68" x 20"

## Fabric Requirements

- 1/4 yard Dark Green (straight quarter)
- 2/3 yard Focal Fabric
- 3/4 yard Red
- 2/3 yard Background

## Nice to have but not required

- a June Tailor shape cut ruler to cut strips
- a walking foot

## 1. Starting your project

Before beginning this or any other project, wash and press your fabric. If you like the behavior of crisp fabric as you cut, sew and press your project, try a little spray sizing when you iron it. Take the time to clean your machine, put in a new needle and fill a few bobbins. You'll thank yourself for it later:-)) Unless the pattern tells you otherwise, you should always assume that the seam in any quilting pattern is 1/4" wide.

## 2. Cutting

### Dark Green

- Five strips 1 1/2" wide x WOF (width of fabric)

### Focal Fabric

- Five strips 2 1/2" x WOF.
- One strip 6 1/2" X WOF. Cross cut this into five 6 1/2" squares.

### Red

- Five strips 1 1/2" wide x WOF
- Four strips 3 1/2" x WOF. Cross cut these into forty 3 1/2" squares.

### Background

- Six strips 3 1/2" wide. Cross cut two strips into twenty 3 1/2" squares. Cross cut the remaining strips into twenty 3 1/2" x 6 1/2" rectangles.

### 3. Making the Flying Geese

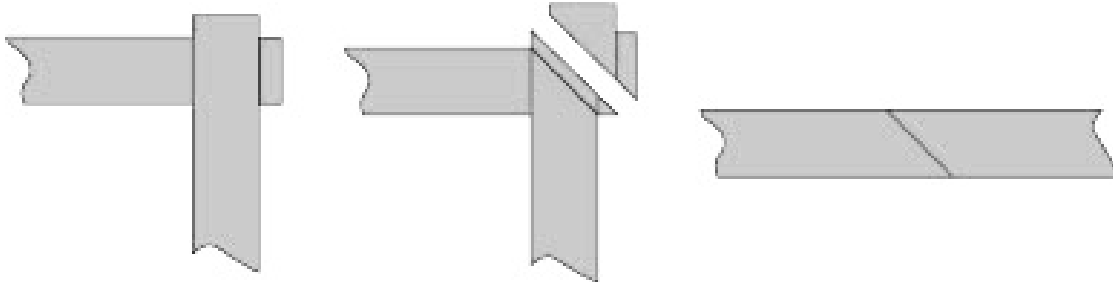
Press the forty red 3 ½" squares on the diagonal, making them into triangles. Pin them to the 3 ½" x 6 ½" background rectangles, overlapping them slightly to make 20 flying geese units. Stay stitch these 1/8" away from the edge. Don't skip this step! Sew a 3 ½" background square to either side of half of the flying geese. Press to the block.

### 4. Making the Flying Star Center

Sew a flying geese unit to either side of a 6 ½" focal print square. Press to the middle. Sew a flying geese unit with blocks on either end to the top and bottom of this unit, making a star. Because you pressed in opposite directions, these seams should nestle. Use pins for a perfect intersection. Press from the back to double check and make sure there are no twisted seams. Sew five Flying Star blocks end to end, rotating them as necessary to ensure your seam intersections nestle.

### 5. Sewing the Border Strips

Sew your border strips in one long strip, mitering the join as shown below.



Using your walking foot, sew your long border strips in a group of three in this order, then press to the dark:

- 1 ½" wide dark green
- 2 ½" wide focal print
- 1 ½" wide red

### 6. Mitering the border

Sew your three strip border to the sides of the quilt, stopping 1/4" before you get to the end of the quilt top but leaving about 6" extra as a tail. Do this to all four sides. Take the top to your ironing board and fold the edge of one border on top of the other at a 45 degree angle. One strip will completely cover the other. Work with it until you like the appearance of the miter and press that fold.

Carefully unfold the top without disturbing the two borders that are now right sides together and pin along that pressed fold line. Take the top to your machine and sew along the pressed fold line starting at the point where you stopped sewing 1/4" away from the edge of the top. Press and double check to make sure the corner lies flat. If so, trim 1/4" away from this seam. It's a bit tricky, but if you are careful and use lots of pins, you can get a perfect border on the first try. Enjoy!